Free healthcare event Please RSVP Mon, Dec. 8, 5:30-7:00 Open to the public



At Brown University School of Professional Studies, 200 Dyer Street, Providence (Parking on-site)

Learn How Three Top Super-Patients Activated Their "Superpowers" To Get Better, Healthier Lives

It's a time of great change in American healthcare, and a new breed of "super-patient" is setting new standards for how *patients can help achieve better outcomes,* in three different areas: **ACUTE**, **CHRONIC**, and **CRISIS** CARE.

Come meet three of the best-known examples, and learn how you and your family can start "activating your superpowers" to be the best patient partner on all your family's care teams and get the best outcomes for everyone in your family. Hear from:

Dave deBronkart survived an **ACUTE** disease – Stage IV kidney cancer – by learning as much as he could and and joining an expert patient group online. Today he's one of the world's leading advocates for patients being actively involved and is author (with his doctor!) of the highly rated book <u>Let Patients Help: A Patient Engagement Handbook</u>. For full bio, <u>click here</u>.



Pat Mastors confronted CRISIS in her family's health – twice – and developed "nerves of steel" and "an iron will," combined with a firm yet gentle touch. A veteran news and medical reporter at several New England television stations, she's now President and Co-Founder of the <u>Patient Voice Institute</u>, whose mission is "to democratize health care"—to give every patient a voice in making our healthcare system the best it can be. She's author of <u>Design to Survive</u>: 9 Ways an IKEA Approach Can Fix Health Care & Save Lives. Full bio is here.

Kerri Sparling is our **CHRONIC** super-patient. Living with type 1 diabetes since 1986, she's become a true global thought leader in the diabetes advocacy space and author of <u>Balancing Diabetes</u>, in addition to ten years of content at her <u>SixUntilMe</u> blog.. For full bio, <u>click here</u>.



Seating is limited – please RSVP:

ExecMasters@brown.edu or 401-863-2700

(Say it's about the Superpatient event)

A book signing with the panelists will follow the event and books will be available for purchase.